

Children's Community Practices

An Affiliate of Nationwide Children's Hospital

Policy on Monitoring Medical Conditions and Medications

Our physicians monitor ADHD/ADD, Depression, Anxiety, Asthma and Wheezing on a regular basis. At these checks the physician will evaluate:

- Height/weight
- Blood pressure
- Heart rate
- Rating scales of behavior (Vanderbilt forms, PHQ9, Scared anxiety scale, etc.)
- Discuss how the medication is working at home and school
- Discuss a plan of action until the next appointment

Patients must be current with their annual physical at our office in order for us to prescribe medications. Developmental and behavioral assessment forms, including Assertive Community Treatment (ACT) forms may involve a charge for completion.

ADHD/ADD – meds check every three (3) to six (6) months. Parents and teachers may be expected to fill out the ADHD Vanderbilt Assessment Scales or Conner's Form upon each patient checkup and/or change. This assessment can be found on our website and filled out prior to your child(ren)'s appointment. **Completed forms *must* be brought in to the visit.** These forms give the physicians information on how the child is doing both at home and at school and helps direct the physician's care.

Medication refills - Please schedule all appointments at least 30 days in advance so your child does not run out of medication. Patient/Parents ***must request a refill 48 business hours prior to needing the medication*** to allow time to process the request.

We are now able to e-prescribe controlled substances (i.e. ADHD medications) to participating pharmacies. Please note, it is our office policy that refills will be e-prescribed ***only*** during regular office hours and ***only*** if your child is compliant and up to date on Physicals and Meds Checks.

ADHD medications and other controlled substances will ***not*** be e-prescribed after hours or on the weekends. Do not leave refill requests on the after-hours emergency line as the physicians will not return those calls.

For fastest service you should place ***all*** prescription refill requests via your online patient portal account. Your request will automatically populate in our electronic health records (EHR) system ready for us when we start work. Printed prescriptions will only be provided to the parent/guardian ***at the time of a visit.***

Depression/Anxiety – meds check every three (3) to six (6) months (sooner as needed). There is a depression screening form that the physician will need to have filled out at some of the appointments.

Asthma– health checks every six (6) months for persistent asthma and every twelve (12) months for mild, intermittent asthma.

Medication visits *may* be combined with well child visits in order to save you time and trips to the office. However, depending on insurance plans, you may be charged a separate ill visit copay at the time of the checkup visit.

A \$50 payment will be collected per child, per visit for patients with insurance plans requiring deductibles \geq \$2000 for an individual or \geq \$4000 for family.

Thank you for your cooperation.

My signature on this form verifies that I have been given the opportunity to read the practice's Monitoring Medical Conditions and Medications Policy, and that I understand and agreed to the practice's policy.

Name of Patient

Date of Birth

Signature of Patient or Responsible Party

Date